



JULY 2 - 4, 2026 9:30 AM - 3:30 PM CELEBRATE THE PAST. HONOR THE PRESENT. INSPIRE THE FUTURE.

Hands-On Learning
in the Democracy Lab



FAMILY PROGRAMS

“Get Into America” with Arba the Eagle Puppet.

THURSDAY AND SATURDAY
9:30 AM – 3:30 PM



MAPPING HISTORIES

Travel back in time for a Bicentennial Road Trip.

FRIDAY, JULY 3
9:30 AM – 3:30 PM



SEEN ON SCREEN

Connect film clips with history.

JULY 2 AND 3
11 AM, 1 PM AND 3 PM

In the Special Exhibit



CURATOR'S TALK

Join a Curator for a tour of the special exhibit, “Spirit of '76.”

EACH DAY
10 AM, 12 PM AND 2 PM



OBJECT SPOTLIGHT

Take a closer look at an object that tells the story of America during one of the anniversary time periods.

EACH DAY
10:30 AM, 11:30 AM,
12:30 PM, 1:30 PM, 2:30 PM



SPECIAL GUESTS

The Visitor Center welcomes the

National Postal Museum

Benjamin Franklin Activity

9:30 AM – 11:30 AM – South Hallway

United States Mint

Learn about SemiQ coins

9:30 AM – 1:30 PM – North Hallway

Library of Congress

Veterans History Project

Discover Their Stories

11:30 AM – 1:30 PM – North Hallway

United States Botanic Garden

America’s State Flowers

1:30 PM – 3:30 PM – North Hallway

THURSDAY, JULY 2



SPECIAL AMERICA 250 TOUR
Remembering the Revolution

Learn how the Revolutionary War’s events and people are portrayed in Capitol art.

JULY 2 AT 2 PM
JULY 3 AND 4 AT 11AM AND 1PM

FUN PHOTO OPPORTUNITIES

Bring your camera. The Visitor Center provides backdrops and props.

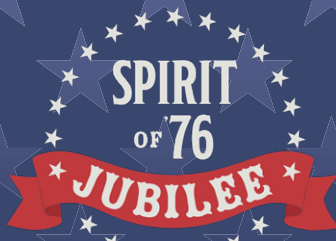
ALL DAY, JULY 2 - 4



BIRTHDAY CAKE

Enjoy a complimentary piece of birthday cake in the Restaurant (while supplies last).

SATURDAY, JULY 4



SCHEDULE OF ACTIVITIES



9:30 AM - 3:30 PM DAILY		THURSDAY, JULY 2	FRIDAY, JULY 3	SATURDAY, JULY 4
ALL DAY in the Democracy Lab		"Get Into America" with Arba the Eagle Puppet	Bicentennial Road Trip	"Get Into America" with Arba the Eagle Puppet
ALL DAY – North Hallway and South Hallway		Interactive Activities and Fun Photo Opportunities for All Ages		

9:30 AM – 11:30 AM South Hallway		NATIONAL POSTAL MUSEUM Benjamin Franklin Activity	<p>SATURDAY, JULY 4 10:30 AM Free Piece of Birthday Cake – Restaurant</p>	
9:30 AM – 1:30 PM North Hallway		U.S. MINT Learn about SemiQ coins!		
10 AM – Exhibition Hall		Curator Talk		
10:30 AM – Exhibition Hall		Object Spotlight from 1826 – Lafayette's Glove		
11 AM Statue of Freedom		Remembering the Revolution Tour		
11 AM – Exhibition Hall		Seen on Screen from 1826 John Trumbull's painting, "Declaration of Independence"	Seen on Screen from 1851 Frederick Douglass' Descendants	
11:30 AM – Exhibition Hall		Object Spotlight from 1851 – Declaration of Sentiments		
11:30 AM – 1:30 PM North Hallway		LIBRARY OF CONGRESS Veterans History Project Discover Their Stories	Join us in the North & South Hallways for interactive activities throughout the day!	
12 PM – Exhibition Hall		Curator Talk		
12:30 PM – Exhibition Hall		Object Spotlight from 1876 – "Admission of Colorado to the Union"		
1 PM – Exhibition Hall		Seen on Screen from 1926 The Capital City	Seen on Screen from 1876 Centennial Expo	
1 PM – Statue of Freedom		Remembering the Revolution Tour		
1:30 PM – Exhibition Hall		Object Spotlight from 1926 – America Welcomes the World Poster		
1:30 PM – 3:30 PM North Hallway		U.S. BOTANIC GARDEN America's State Flowers	<p>Tag us in your photos @VisitTheCapitol</p>	
2 PM – Statue of Freedom		Remembering the Revolution Tour		
2 PM – Exhibition Hall		Curator Talk		
2:30 PM – Exhibition Hall		Object Spotlight from 1976 – Arba the Eagle Puppet		
3 PM – Exhibition Hall		Seen on Screen from 1976 – Bicentennial TV		